



Supervision and Safety

Newbridge Rugby Club is committed to ensuring that the safety and welfare of all involved in the club is paramount, especially when it comes to age grade players. A Health and Safety Risk Assessment in relation to the physical environment will be conducted at least twice a year and more often if necessary.

Adult/Player Ratio

We are committed to ensuring that there are enough people to be able to cope with the number of children participating in any activity and to adequately respond to an emergency.

The Club will endeavor to ensure that a ratio of 1:10 should be considered as a minimum requirement where players are 11 years of age or older. For younger players or situations involving travel, the ratio may be increased as appropriate.

Supervision of Age Grade Players - Newbridge Rugby Club will endeavor to ensure that:

- All those involved directly with children are vetted, have signed a Declaration of Intent and are suitable and adequately experienced/trained for the role in which they are involved.
- Where girls are involved the Club will ensure that there is a mix of male and female adults.

- Each age group has at least one qualified and experienced coach involved throughout the training session or match.
- Players are never left unattended.
- Coaches and managers know at all times where the players are and what they are doing.
- Dangerous behaviour is never tolerated at any stage and that participants are informed beforehand of what behaviours will be accepted and not accepted from them.
- Respect for the privacy of all young people in changing rooms, showers and toilets is adhered to at all times.
- Those who are operating in a supervisory role should have access to adequate first aid material as well as all important local phone numbers such as doctor, dentist, parental phone numbers for players, An Garda Siochana and ambulance.

The Club-house – Newbridge Rugby Club will endeavor to ensure that:

- Age-Grade Players are informed of the areas in the club house allocated to them.
- Age-Grade Players are informed of the times they will be allowed in the bar area of the club and what areas will be off limit to them.

- All facilities are safe and up to the required standards and are sufficient for the numbers of Age Grade players and Sports Leader.
- The law in relation to alcohol and Age-Grade Players is adhered to.
- All age grade activities at the club are supervised by Sports Leaders and relevant adults

Changing Rooms - Newbridge Rugby Club will endeavor to ensure that:

- All changing rooms are safe, clean and there is sufficient heating and ventilation.
- Toilets, shower areas and washing facilities are up to standard.
- Changing rooms are supervised by sports Leaders and volunteers who will remaining outside while children are changing with easy access in case of an incident.
- There are sufficient separate changing facilities where teams consist of boys and girls and in the event of mixed teams there will be a female adult to supervise the changing area for girls.

Playing and Training areas – Newbridge Rugby Club will endeavor to ensure that:

- Playing and training area(s) are clean, safe and ready before use.
- All equipment to be used is clean, safe and of the standard required.
- There is vehicle access at all times to the training or playing area in case of emergency.
- Each team is aware of where their designated playing or training area is.
- Activities undertaken are at all times safe and appropriate to the age group with focus on minimizing the risk for accidents or harm to happen to children.

General Safety – Newbridge Rugby Club will endeavor to ensure that:

- Fire precautions are in place and visible within the club.
- First aid facilities and equipment are adequate and easily accessible.
- Insurance cover is adequate.
- Risk assessments are completed regularly.

