

Codes of Conduct – Age Grade Players

Respect

1. Respect the rules of the game
2. Respect your opponents – play by the rules, tackle fairly do not set out to hurt your opponent
3. Respect the Referee – accept the referees decision

Enjoy

1. Remember – the most important thing is to enjoy your rugby and your club
2. Have fun, improve your skills and feel good

Be a good sport

1. Applaud all good play whether by your team or the opposition
2. Always play with control – don't lose your temper, do not bully
3. Co-operate with your coach, team mates and members of your club
4. Attend training regularly, listen to your coach and help your team
5. Winning and losing is part of sport: Win with humility – lose with dignity

